**22 American Runes**

**A** Air: as swords lifted high/ thoughts and words have great power/ winds that call or warn

**B** Bear: strength and endurance,/ fierce protection, or time/ of hibernation

**C** Crow: dark flight through darkness/ brings messages from beyond./ Hear the Morrigan.

**D** Door: When you knock and wait,/ Hecate’s key may open./ Do not break the lock.

**E** Earth: Enjoy the body,/ nurture the environment./ ground yourself within.

**F** Fire: spark motivation,/ burning desire, will to power,/ and authority

**G** Gallows: for transformation,/ expect to hang suspended/ dying to the old

**H** Home: the place where we rest/ deep in the divine center/ and true family

**I** Ice: In stasis or stuck/ time in the cold wilderness/ can lead to sunlight

**J** Justice: the sword and the scales/ can be applied in the heart/ to avoid judgment

**K** Kiss: a close encounter/ brings harmony to the heart/ or leaves you longing

**L** Lion: a fiery roar/ fills hearts with courageous strength/ or gentle control

**M** Moon: imagine beauty,/ power like the rising tide/ and howls of the wolves

**N** Need: What we are lacking,/ motivates us to action/ or leaves us crying

**O** Owl: dark, moonlit goddess/ whose watchful eyes protect with/wisdom of the night

**P** Paths: stand at the crossroads/ where Hecate opens doors/ but you choose the way

**R** Riddle: Love the mystery,/ for nothing has more beauty/ and makes us ask why.

**S** Sun: After the long night,/ golden light of life rises, / healing in its wings

**T** Tower or Test: brittle and rigid,/ pride can come before a fall/ leading to new realms

**U** Underworld: beneath sunlit realms/ shadows, monsters, and darkness/ hide treasure and truth

**V** Victory: singing a new song,/ in triumphal procession/ needs humility

**W** Water: flow with the feelings,/ gentle imagination,/ with powerful waves